

# **Physiological Systems**

- Operate in a fluid environment
- Concentrations of water and solutes must be maintained within fairly narrow limits
- Freshwater animals have adaptations to reduce water uptake and conserve solutes
- Desert and marine animals face desiccating environments with the potential to quickly deplete the body water
- Osmoregulation regulates solute concentrations and balances the gain and loss of water
- Excretion gets rid of metabolic wastes



Fig. 44.1

#### 2

# Osmoregulation

- Based on controlled movement of solutes between internal fluids and external environment
- Osmosis cells require a balance between osmotic gain and loss of water; water uptake and loss are balanced by various mechanisms of osmoregulation in different environments
- Osmoconformers (marine animals) isoosmotic with surroundings and do not regulate osmolarity
- Osmoregulators expend energy to control water uptake and loss
- Stenohaline cannot tolerate substantial changes in external osmolarity
- Euryhaline can survive large fluctuations in external osmolarity

# Marine Animals

- Most invertebrates are osmoconformers; most vertebrates are osmoregulators
- Marine bony fish are hyperosmotic to sea water and lose water by osmosis and gain salt by both diffusion and food
- Balance water loss by drinking seawater and excreting salts



4

5

Freshwater Animals

- Constantly take in water from their hypoosmotic environment
- Lose salts by diffusion
- Maintain water balance by excreting large amounts of dilute urine
- Salts lost by diffusion are replaced by foods and uptake across gills





### Transport Epithelia

- Specialized cells that regulate solute movement
- Essential components of osmotic regulation and metabolic waste disposal
- Arranged in complex tubular networks
- Ex. salt glands of marine birds (remove excess NaCl from blood)

Nasal salt gland Ducts Nasal gland Nostril with salt ecretions (a) Location of nasal glands in a marine bird Fig. 44.7 Secretory cell of transport Arter Lumen of secretory epithelium tubule Nasal gland Capillary Secretory tubule Transport Salt ions Blood flow Blood flow Salt secretion (b) Secretory tubules (c) Countercurrent exchange 7

### Nitrogenous Wastes

- Different animals excrete nitrogenous waste in different forms
  - Ammonia need access to lots of water; release across body surface or through gills
  - Urea (mammals and adult amphibians) liver converts ammonia to less toxic urea which is carried to the kidneys, concentrated and excreted with minimal water loss
  - Uric acid (insects, land snails, reptiles and birds) - uric acid is largely insoluble in water and can be secreted as a paste with little water loss





### Types of Excretory Systems

- Built around a complex network of tubes
- Protonephridium network of dead-end tubules lacking internal openings
  - Tubules branch throughout the body and smallest are capped by a cellular unit called a flame bulb that excrete a dilute fluid
- Metanephridia each earthworm segment has a pair of open-ended metanephridia that consist of tubules that collect coelomic fluid and produce dilute urine
  Components of metanephridia Collecting tubu Bladde External openin





# Kidneys

- Principal site of water balance and salt regulation in mammals
- Each kidney is supplied with blood by a renal artery and drained by a renal vein
- Irine exists the kidney through a duct called the ureter
  - Both ureters drain into a common urinary bladder
- Kidney has two regions: outer renal cortex and inner renal medulla
- The nephron consists of a single long tubule and a ball of capillaries called the glomerulus

# **Kidney Filtration**

- Occurs as blood pressure forces fluid from the blood in the glomerulus into the lumen of the Bowman's capsule
- Filtration of small molecules is nonselective and the filtrate mixture in the Bowman's capsule mirrors the concentrations of solutes in the blood plasma
- From the Bowman's capsule the filtrate passes through three regions of the nephron: proximal duct tubule, loop of Henle, and the distal tube
- Fluid from several nephrons flows into a collecting duct



13

### Nephron Blood Vessels

- Each nephron is supplied with blood by an afferent arteriole (branch of the renal artery that subdivides into capillaries)
- Capillaries converge as they leave the glomerulus (forming an efferent arteriole)
- Vessels subdivide again forming peritubular capillaries which surround the proximal and distal tubules



 Filtrate becomes urine as it flows through the mammalian nephron and collecting duct

Fig. 44.14

14

## Secretion and Reabsorption

- Secretion and reabsorption in the proximal tubule alters the volume and composition of filtrate
- Reabsorption of water continues as filtrate moves into the descending limb of the loop of Henle
- As filtrate travels through the ascending limb of the loop of Henle salt diffuses out of the tubule into the interstitial fluid
- Distal tubule plays a key role in regulating K<sup>+</sup> and NaCl concentration of body fluids
- Collecting duct carries the filtrate through the medulla to the renal pelvis and reabsorbs NaCl

# Water Conservation

- Kidney can produce urine much more concentrated than body fluids (thus conserving water)
- Arrangement of loops of Henle are responsible for osmotic gradient that concentrates the urine
  - NaCl and urea contribute to the osmolarity of the interstitial fluid (which causes the reabsorption of water)
- The collecting duct is permeable to water but not salt



16

### Kidney Regulation

- Osmolarity of urine is regulated by the nervous and hormonal control of water and salt reabsorption
- Antidiuretic hormone (ADH) increases water reabsorption in the distal tubules and collecting ducts of the kidney
- Renin-angiotensin-aldosterone system (RAAS) is part of a complex feedback circuit that functions in homeostasis
  - Atrial natriuretic factor (ANF) opposes RAAS



17

### Excretory Adaptations



South American vampire bat - feeds on blood

- Has a unique excretory system in which its kidneys offload much of the water absorbed from a meal by excreting large amounts of dilute urine
- Form and function of nephrons are related to the requirements for osmoregulation in the animal's habitat
  - Mammals in arid areas have longer loops of Henle
  - Mammals in freshwater areas have shorter loops of Henle